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ACCIDENTAL INJURY WELLNESS INCENTIVE BENEFIT

Wellness Treatment, Health Screening Test or Preventive Care Incentive Benefit

Cigna Accidental Injury Insurance

Your Cigna Accidental Injury insurance plan comes with a $50 Wellness Treatment, Health Screening Test or Preventive Care incentive benefit. This benefit is paid for each covered person who completes at least one wellness treatment, health screening test or preventive care service, as specified below. This benefit is limited to one per year per covered person.

Wellness treatments

- Adult immunizations
- Cancer screenings
- Colorectal cancer screenings
- General health exams
- Lead poisoning screenings
- Osteoporosis screenings
- Routine gynecological exams
- Routine prostate exams
- Well child care – including visits, labs and immunizations

Health screening tests

- Bone marrow testing
- Breast cancer blood test (CA 15-3)
- Breast ultrasound
- Chest x-ray
- Colon cancer blood test (CEA)
- Colonoscopy
- Fasting blood glucose test
- Flexible sigmoidoscopy
- Hemocult stool specimen
- Mammography
- Myeloma blood test (serum protein electrophoresis)
- Ovarian cancer blood test (CA125)
- Pandemic infectious disease immunization
- Pap smear for women over age 18
- Prostate-specific antigen (for prostate cancer)
- Serum cholesterol test to determine levels of HDL and LDL
- Stress test on a bicycle or treadmill
- Thermography
- Triglycerides blood test

Together, all the way.®

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Preventive care

The Patient Protection and Affordable Care Act (PPACA) requires preventive health services as recommended by the following expert medical and scientific bodies:

1. The United States Preventive Services Task Force (USPSTF);
2. The Advisory Committee on Immunization Practices (ACIP);
3. The Health Resources and Services Administration (HRSA's) Bright Futures Project; and
4. HRSA and the Institute of Medicine (IOM) committee on women's clinical preventive services.

Detailed information is available at **www.healthcare.gov/coverage/preventive-care-benefits.**

Benefit exclusions and limitations

Services must be provided under the direction of a physician.

Filing a claim is easy

Complete and file your claim by phone

- **Call 800.754.3207** to speak with one of our dedicated customer service representatives

File your claim online

- Visit the Cigna website **SuppHealthClaims.com**

Complete and file your claim by fax, email or mail

- **Download** a Wellness Incentive claim form at **Cigna.com/customerforms**
- **Fax** documents to our fax line at **1.866.304.3001**
- **Email** scanned documents to **SuppHealthClaims@Cigna.com**
- **Mail** documents to **Cigna Supplemental Health Solutions, P.O. Box 188028, Chattanooga, TN 37422**